



LEISURE ACTIVITIES

A MULTITUDE OF LEISURE ACTIVITIES

> Entertainment venues:

- Théâtre National de Bretagne European Centre for Theatrical and Choreographic Production

Address : 1, rue Saint-Hélier 35000 Rennes

Tel.: +33 (0)2 99 31 12 31

Website : www.t-n-b.fr

- Le Liberté / l'Étage

Shows, events

Address : Esplanade du Général de Gaulle

35000 Rennes

Tel.: +33 (0)2 99 85 84 84

Website : www.leliberte.fr

« Le Liberte-Rennes-2010 » par JeanRuche via Wikimedia Commons

« Chemin jardin botanique Thabor » par Caroline Léna Becker - via Wikimedia Commons

> Les Champs Libres cultural centre

Comprising the Musée de Bretagne, Espace des Sciences and its planetarium, the city library and temporary exhibition halls, the Champs Libres is a major centre for culture and tourism in Rennes and the greater Rennes area.

Address : 10, cours des Alliés,

35000 Rennes

Website : www.leschampslibres.fr

> Bréquigny swimming pool

This swimming complex has a diving tank and two pools (50x21 m and 25x10 m).

Address : 10, boulevard Albert 1er ,

35000 Rennes

Tel.: +33 (0)2 23 62 27 30

> Le Blizz ice skating rink

Here you can find an olympic-sized rink of 60x30 m and a family rink of 52x20 m.

Address : 8, avenue des Gayeulles,

35000 Rennes

Tel.: +33 (0)2 99 36 28 10

Website : www.leblizz.com

> Tree-top adventure courses

At the recreational park of Les Gayeulles, in Rennes, Forêt Adrenaline proposes tree-top adventure courses based on fun activities and enigmas focusing on the theme of local biodiversity.

Address : rue du Professeur Audin,

35000 Rennes

Tel.: +33 (0)2 90 84 00 20

Website : www.foretadrenaline.com



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